Outpatient Parenteral Antimicrobial Therapy Team (OPAT)

Your OPAT Passport
This booklet has been designed to improve communication between yourself and everyone involved in your care.

Please keep it with you at all times whilst you are on your intravenous treatment. Please show it to any other healthcare professional looking after you, should they ask to see it, or if they need any further information about your treatment plan.

**How to contact the OPAT team**

Tel: 01865 22 77 99

Choose from the following options:

Option 1 – Colette Gilmore  
Option 2 – Dawn Hill  
Option 3 – Katie Appleyard  
Option 4 – Emily Attrill

Calls will be diverted to the Specialist OPAT Nurse on-call outside of normal working hours.

If there is no answer, please leave a message with your name and telephone number (including dialling code). We will get back to you as soon as possible.

**OPAT team working hours**

The service runs from 8.00am to 10.00pm, 7 days a week, 365 days a year.
Other useful telephone numbers

Oxford University Hospitals NHS Foundation Trust switchboard
Tel: 0300 304 7777

**Bone Infection Unit**
Tel: 01865 737 622

**Infectious Diseases Unit, John Warin Ward**
Tel: 01865 225 214

Patient ID label to be attached below:

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**My OPAT Outpatient appointment**

<table>
<thead>
<tr>
<th>Date/Day:</th>
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</thead>
<tbody>
<tr>
<td>Time:</td>
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<table>
<thead>
<tr>
<th>Hospital Outpatient Department:</th>
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### My team

<table>
<thead>
<tr>
<th>Role</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>OPAT Nurse:</td>
<td></td>
</tr>
<tr>
<td>Community Nursing Team:</td>
<td></td>
</tr>
<tr>
<td>Supervising Infectious Disease Consultant:</td>
<td></td>
</tr>
<tr>
<td>Discharging Hospital/Ward:</td>
<td></td>
</tr>
<tr>
<td>Supervising Surgical Medical Team and/or other Consultant:</td>
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</tbody>
</table>
My health

My health problems/relevant past medical history:
# My medical plan

<table>
<thead>
<tr>
<th>Diagnosis:</th>
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<table>
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<tr>
<th>Operation and date:</th>
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# My microbiology


### My intravenous access

<table>
<thead>
<tr>
<th>Line type:</th>
<th>PICC □ Hickman □ Midline □ or other (please state):</th>
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<tbody>
<tr>
<td>Date inserted:</td>
<td></td>
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<tr>
<td>Line tip position:</td>
<td></td>
</tr>
<tr>
<td>Position confirmed:</td>
<td></td>
</tr>
<tr>
<td>Date line to be removed:</td>
<td></td>
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</table>
Signs to look out for

Most people can have IV antibiotics and won’t experience any serious side effects. However, as with all drugs, there are some side effects associated with antibiotics. **It is important that you contact a member of the OPAT Team if you experience any of the following problems:**

- **Serious allergic reaction**
  The first signs of this are swelling of the face and/or throat. **This needs to be treated as an emergency. Call 999 if you start to experience a serious allergic reaction.**

- **Bowel problems**
  All antibiotics can alter your normal bowel habit, but if you are going more than twice a day and it is very runny or watery we may need to collect a specimen of your stool to try to find out why.

- **Stomach problems**
  Sickness or nausea.

- **Skin problems**
  This may be a slight rash or one that covers all of your body. It may or may not be associated with itching or blisters.

- **Blood problems**
  Every week you will have blood taken so that we can test it. The blood tests help us check that the antibiotics are not doing you more harm than good. This is because the antibiotics can cause anaemia or affect your body's ability to fight infection.

- **Tiredness and fatigue**
  Many people experience severe tiredness and fatigue whilst on IV antibiotics. This can vary in its severity.
• **Fevers and sweats**
  This may happen for a short time in the evening (lasting approximately 30 minutes). If this happens more than once you must inform the OPAT Team.

• **Alcohol intake**
  You can drink small amounts of alcohol whilst on IV antibiotics, but it may reduce the effectiveness of the antibiotic.

If you develop any other signs or symptoms that you have not had in hospital please contact a member of the OPAT Team.
Comments, suggestions and complaints

We are committed to providing a high standard of professional support and advice. To help us maintain this we welcome any feedback that you have about your experiences of our service. Please share your comments, suggestions or complaints with a member of the team.

Alternatively you can contact the Patient Advice and Liaison Service (PALS), who can provide advice and support to you, your family and carers. They can help to resolve any problems, concerns or complaints that you may have. You can contact PALS by telephone for free on 01865 221 473 or email PALS@ouh.nhs.uk

Notes
If you have a specific requirement, need an interpreter, a document in Easy Read, another language, large print, Braille or audio version, please call **01865 221 473** or email **PALSJR@ouh.nhs.uk**