Stopping smoking – support and advice services

Smoking while you are having treatment can cause your side effects to:
• develop earlier
• possibly be worse than usual
• be harder for you to cope with.

We strongly advise you to try to give up smoking. We know this is often difficult, so recommend the following services who can advise and support you.

NHS National Smoking Advice Service
Helpline: 0300 123 1044
Website: http://www.nhs.uk/smokefree

Oxfordshire Smoking Advice Service
Helpline: 0800 246 1072
Website: www.smokefreelifeoxfordshire.co.uk/

Wiltshire Smoking Advice Service
Helpline: 0300 003 4562
Website: www.wiltshirestopsmoking.co.uk/

Buckinghamshire Smoking Advice Service
Helpline: 0845 2707 222
Website: www.smokescape.org

Berkshire Smoking Advice Service
Helpline: 0800 622 6360
Website: www.smokefreelifeberkshire.co.uk/
How to contact us

Please contact Radiotherapy Reception on 01865 235 465.

If you have a specific requirement, need an interpreter, a document in Easy Read, another language, large print, Braille or audio version, please call 01865 221 473 or email PALSJR@ouh.nhs.uk

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