TKR patient checklist:

Pre –op:
- Arrive Nuffield Orthopaedic Centre.
- Nurse admits you to ward.
- Visited by anaesthetist/surgeon.
- Consent gained for operation.

OPERATION

Post –op:
- Wake up in recovery.
- Transferred back to ward.
- Eat and drink.
- Pain well controlled.

Post – op continued:
- Able to feel leg.
- Able to move leg.
- Seen by Physiotherapist and mobilised.
- Confident with bed exercises.
- Able to lift leg straight off bed.
- Able to bend knee as instructed by Physiotherapist.
- Able to independently transfer on/off bed/chair/toilet.
- Practised stairs/steps.
- Walking independently with frame/crutches/sticks.
- Wound clean and dry.
- Advice given on controlling pain/swelling/DVT.
- Been to x-ray.
- Discharge medications ordered.
- Arrangements organised for clips/stitches to be removed.
- Discharged from ward.
- Received follow up phone call from hospital.