Advice for patients after Photodynamic Therapy (PDT)
After Treatment Advice

First 48 hours:

• keep the dressing clean and dry
• the treated skin must be protected from the sun
• you may take Paracetamol / Co-codamol if you experience pain or discomfort after your treatment.
• you may continue with your daily activities immediately after PDT – you do not need to rest.

After 48 hours a dressing is only required if the area is blistering or weeping. Bathe and moisturise your skin as normal.

Depending on the type and amount of lesion(s) you have, further treatment may be necessary. This will be explained in your appointment letter.

Sun care advice

There is a small risk of developing a new lesion(s) and also a chance of reoccurrence in the treated areas.

We advise you to:

• check your skin regularly for any changing moles or unhealed sores.
• wear clothes that will protect your skin and a wide brimmed hat that shades the face, neck and ears.
• avoid the strong sunlight from 11am-3pm.
• use sunscreens of at least SPF15 with UVA and UVB protection; reapply every 2 hours.
How to contact us if you experience problems

Some patients can experience the following problems after treatment:

• pain
• swelling
• blistering
• weeping.

**These problems will settle.** If you are concerned or need any advice after your treatment, please do not hesitate to contact the department on:

**01865 228241 or 01865 228212** (9am - 5pm)

If it is out of hours please leave a message on the answerphone and we will return your call as soon as possible. If the call is urgent please contact the on call dermatologist via the Churchill switchboard on **01865 741841**.
If you need an interpreter or need a document in another language, large print, Braille or audio version, please call **01865 221473** or email **PALSJR@orh.nhs.uk**