This booklet is both for outpatients, who need to visit hospital for an appointment, and for inpatients, who will be staying overnight in hospital.

Information is correct at time of going to press. You can find updates at www.ouh.nhs.uk as well as other information about our hospitals, or contact our Patient Advice and Liaison Service (PALS) office on 01865 221 473.

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For a copy of this information leaflet in large print please call 01865 231 471.
THE JOHN RADCLIFFE HOSPITAL
The John Radcliffe site consists of the following buildings.

• The Children’s Hospital at the foot of the hill, by the main site entrance from Headley Way.

• The West Wing (including the Oxford Eye Hospital) which shares an atrium with the Children’s Hospital but has its own lifts near the reception desk.

• The Oxford Heart Centre half way up the hill. Entrance via main John Radcliffe Hospital, Level 2.

• The John Radcliffe Hospital, which is linked to the Children’s Hospital and the Oxford Heart Centre on Level 2 and includes the Emergency Department (A&E) and most adult services.

• The Women’s Centre which is a separate building for maternity, gynaecology and neonatal services at the top of the hill.

Please check carefully where you need to go so that you can choose the closest car park or bus stop (see map on page 8).

Disabled access
All our car parks have disabled spaces and spaces close to the entrances. All our public areas have disabled access and disabled toilets are available in public areas and on all wards. Please ask at a reception desk if you require a wheelchair or assistance from a porter.

Patients with hearing difficulties
If you wear a hearing aid or have hearing difficulties, please tell the nurses and doctors looking after you.

Interpreter services
If your first language is not English and you need an interpreter to help you speak to doctors and nurses, ask a relative or friend to tell your nurse as soon as possible. (Your GP may already have told us that you need an interpreter.)

Smoking
For the health and safety of all patients and staff, smoking is not allowed within the hospital or its grounds.
YOUR HOSPITAL VISIT

Consent to treatment
We may ask you to sign a consent form before certain treatments. You can withdraw consent even after signing. Ask any questions you like, and tell us about anything which may affect your general health. We may also ask to use your surplus tissue for medical research: please ask for a leaflet explaining this.

Personal information
You may be asked to give information about yourself, including 24 hour contact details for the person you would like to be contacted in an emergency, e.g. your wife, husband, partner, friend or relative. If you change your GP or your home address, please contact us so that we can update our records.

Presence of students at patient appointments
Students may be present when you have an appointment: if you would prefer students not to be present, please tell the nurse or the doctor.

Hand washing (infection control)
Healthcare workers clean their hands with soap and water or by using a special hand rub. Please ask all healthcare workers to clean their hands before carrying out any care.

Cultural / religious needs
Our 24 hour Chaplaincy service supports patients and relatives of all faiths and none, and will help to contact religious leaders in the community. Please ask a member of staff if you wish to see a Chaplain during your visit. There is a chapel on Level 2 of the main hospital and a Muslim prayer room on Level 2 of the Women’s Centre.

Support for carers
Do you look after someone? Carers Oxfordshire listens to carers and provides information and advice. It also aims to help carers get the support they may need. Telephone 0845 050 7666 or email carersoxfordshire@oxfordshire.gov.uk

Shops, restaurants and cashpoints
There are restaurants, League of Friends cafeterias, shops and vending machines throughout the site, and cashpoints on Level 2 and Level 3 of the main hospital building and in the West Wing atrium.
STAYING IN HOSPITAL

When you arrive on your ward we will give you a printed wristband to wear. We use the wristband to check your identity before we give you any treatment. If you notice a mistake on your wristband or are not given one, please tell a member of staff.

Personal property
You will have a bedside cabinet, but it cannot be locked. Please give anything valuable to your nurse, who will give you a receipt.

Pensions / benefits
If you receive a pension or benefits please ask a friend to deal with these during your stay. If this is not possible, bring your pension book with you and give it to your nurse. Pensions and benefits may be reduced while you are in hospital: please contact the Department for Work and Pensions on 0845 606 0265 if you are in any doubt.

What to bring

- Medicines
  Please bring with you all medicines you are taking, in their original containers, and any special cards that give details of your current treatment (e.g. steroid card). Please also bring any non-prescription medicines, ointment or supplements that you use regularly. Put all these things in the green medicines bag (supplied with your admission letter).

- Nightdress / pyjamas, dressing-gown and slippers
  If you are having a foot operation, please bring suitable open footwear as your normal slippers may not fit after your operation.

- Comfortable day clothes (if needed, but not too many)

- Toiletries, towels and tissues

- Walking or dressing aid (if used)

- Denture cleaner / bowl (if used)

- Books, magazines, stationery, stamps and pens

- Loose change for newspapers etc.
What not to bring

- **Television / radio.** Television is available in all day rooms and all beds have a radio service. Most wards also have a pay-per-view system (Hospedia) at the bedside. Pre-payment cards can be bought by credit / debit card from machines near the wards.

- **Alcohol.** Alcohol is not allowed anywhere in the hospital.

- **Jewellery or large sums of money.**

**Hospital radio**
Radio Cherwell broadcasts from studios at the Churchill Hospital in Headington and you can listen via the Hospedia system. For more information call 01865 225 522 or email studio@radiocherwell.com

**Telephones / mobile phones / WiFi**
Please ask staff on your ward if you may use a mobile phone, and if so, where. Reception varies greatly throughout the hospital buildings. There are public phones on some wards and a bedside service provided by Hospedia. We also offer free WiFi: ‘OUH-Guest’.

**Meals**
You will be offered three meals a day, and snacks mid morning and afternoon. Snacks are available 24 hours a day, so tell your nurse if you are hungry or have missed a meal. All ward menus cover all dietary needs and include vegetarian, vegan, halal and kosher options.

**Visitors**
Your ward will have set visiting times and limits on the number of visitors at each bed at any one time. Please ask your visitors to observe these. If a friend, or a member of your family, has a cold, cough, stomach upset or condition that may be infectious, please ask them not to visit until they are well again. Visitors should use the hand rub provided.

**Flowers**
Some wards do not allow flowers for infection control reasons. Please ask your visitors to check first.

**Same-sex accommodation**
We provide same-sex accommodation where it is clinically safe and appropriate to do so. If the only bed available is in a mixed-sex area we will explain this to you and move you to a same-sex area as soon as possible.
GETTING TO THE JOHN RADCLIFFE HOSPITAL, OXFORD
Correct at time of print: for more information visit www.ouh.nhs.uk

By bus (call Traveline: 0871 200 22 33 / www.traveline.info)
700 Park & Ride. Monday to Friday 6.12am - 7.20pm. Kidlington to JR and Churchill via Water Eaton Park & Ride and Summertown
800 Park & Ride. Monday to Friday 6.30am - 7.30pm. Thornhill to JR
S5 Bicester / Kidlington / Water Eaton / JR. Three journeys peak times Monday to Friday morning and afternoon
S7 Witney / Eynsham / Summertown / JR. Monday to Friday only
10 City Centre / Cowley Rd / Hollow Way / Slade / Wood Farm / JR
13 Railway Station / City Centre / Marston / Northway / JR
X13 Abingdon / Oxford Brookes or Marston Rd / JR
14 / 14A Railway Station (not 14A) / City Centre / Banbury Rd / JR

There are also many buses from central Oxford to Headington, ten minutes’ walk from the JR.

By car
Roadworks from January 2018
Access to the JR will be severely affected from January 2018 until early March 2018. For the full plan, and to sign up for email updates: www.oxfordshire.gov.uk/accessheadington

Please do not drive unless you have no other option: parking space is very limited and there is no on-street parking nearby. If you have no alternative, please allow one hour to find a space. We strongly advise you to make every possible effort to travel by other means.

From the east:
M40 junction 8 or 8a, A40 then A420 to Headington and follow signs.

From the north:
M40 junction 9, A34 then A40 northern ring road, turning off for Marston (B4150), then towards Headington and follow signs.

From the south and west:
Approach from the A4142 eastern ring road and B4495 towards Headington and follow signs.

Parking charges
There are five main barrier-controlled public car parks with a ‘Pay on Foot’ parking system, which means that you pay at a machine in the
car park when you leave. Change is given. You may park free for 30 minutes and there are drop-off / pick-up points on site.

Car parks are run by the Trust and all money raised is invested in patient and visitor services.

<table>
<thead>
<tr>
<th>Daily parking charges (please note machines do not take cards)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Up to 30 minutes</td>
</tr>
<tr>
<td>Free (if vehicle exits within this period)</td>
</tr>
<tr>
<td>30 minutes to 1 hour</td>
</tr>
<tr>
<td>£1.40</td>
</tr>
<tr>
<td>1 - 2 hours</td>
</tr>
<tr>
<td>£2.80</td>
</tr>
<tr>
<td>2 - 3 hours</td>
</tr>
<tr>
<td>£4.20</td>
</tr>
<tr>
<td>3 - 4 hours</td>
</tr>
<tr>
<td>£5.60</td>
</tr>
<tr>
<td>Over 4 hours</td>
</tr>
<tr>
<td>£7.00</td>
</tr>
<tr>
<td>Lost ticket charge</td>
</tr>
<tr>
<td>£7.00</td>
</tr>
</tbody>
</table>

Parking is free overnight if you arrive after 8.00pm and leave before 8.00am.

There is parking for disabled Blue Badge holders in Car Parks 1 - 4: disabled parking within these Pay on Foot car parks is subject to charge and disabled drivers must follow latest guidelines. There is some free disabled parking by the West Wing / Children’s Hospital entrances and outside the Women’s Centre. There is a £25 penalty for inappropriate parking in disabled spaces (£50 if not paid within 14 days).

Patients who attend regularly for treatment over a prolonged period of time, and visitors to long-stay patients or relatives of patients in critical care, may be entitled to discounted or free parking. Please see the posters on site or call the Parking Office on 01865 223 044 for more information.

If you cannot access other transport, community transport may help. Check www.ctonline.org.uk for services. Oxfordshire County Council also has information about local transport at www.oxfordshire.gov.uk/cms/public-site/public-transport

Patients who meet strict medical criteria may request ambulance transport to attend hospital. Please call 0300 100 0015 Monday to Friday 8.00am - 6.00pm.

Patients on certain benefits may claim all or part of the cost of travel to and from hospital. Please call the Cashiers Office on 01865 221 602. Monday to Friday 9.00am - 4.00pm.
CONTACTS

Feedback
When you visit hospital you may be asked “How likely are you to recommend our department to friends and family if they needed similar care or treatment?” We welcome your feedback. You can also leave feedback via our website www.ouh.nhs.uk

Patient Advice and Liaison Service (PALS)
PALS is a confidential service for patients, relatives and carers. 01865 221 473 Monday to Friday 9.00am - 5.00pm or email PALS@ouh.nhs.uk

Complaints Office
The Trust is committed to providing the very highest standards of care. If staff or PALS are unable to resolve your concerns, you can submit a complaint in writing to the Trust. Please write to:
   The Chief Executive, Oxford University Hospitals NHS Foundation Trust
   Headley Way, Headington, Oxford OX3 9DU.

Support Empower Advocate Promote (SEAP)
SEAP can help you complain about NHS services: www.seap.org.uk / 0330 440 9000

Foundation Trust membership
Join us as a member and help us make our patients’ experience the best it can be. If you are over 16, live in England and would like to find out more, please visit www.ouh.nhs.uk/ft

Charitable involvement
Patients and families who would like to support or get involved with the work of the Trust are encouraged to visit: www.ouh.nhs.uk/charity

Making contact with you
From time to time, the Trust would like to update you about the services we provide.

If you would prefer not to receive further updates from the Trust please email charity@ouh.nhs.uk, call 01865 743 444 or write to:
   Charitable Funds, OUH Cowley, Unipart House Business Centre, Garsington Road, Oxford OX4 2PG.
LEAVING HOSPITAL

We will aim to get you ‘Home for Lunch’ on your day of discharge wherever possible. We will ask you to move from your bed space to the Transfer Lounge or day room early in the day; here you can wait in comfort for your medication and your transport home.

Most patients go back home when they leave hospital; if you need community support services these can be arranged.

If your care needs can best be met in a community hospital, we will find and transfer you to the first available bed. There are a number of community hospitals in Oxfordshire, so the first available bed may not be the one closest to where you live.

For more information please visit www.ouh.nhs.uk/leavinghospital

INFORMATION ABOUT YOU AND HOW WE USE IT

Trust Privacy Notice

When you come into hospital, information about you, your medical treatment and family background may be recorded, on paper and computer, to help us care for you. The information is part of your health record and will be kept in case we need to see you again.

Members of the clinical teams looking after you may share your personal health information with each other. This team may include healthcare professionals, support staff and students. All NHS staff are bound by law and a strict code of confidentiality, and are monitored by the Trust’s Caldicott Guardian, who is responsible for ensuring patients’ confidentiality is respected. Your confidentiality is very important to us, and we have strict controls in place to protect your information.

How your records are used to help you

Accurate, up-to-date information about you:
• helps staff to assess your health and care for you
• will help staff to treat you in future, in hospital or elsewhere
• allows staff to monitor and if necessary investigate the care you have received.
How your records help us

Accurate, up-to-date information about you:
• helps us provide high quality care and meet all our patients’ needs
• helps us train healthcare professionals and support research and development
• is necessary for the hospital to be paid for your treatment
• supports audits of NHS services and accounts
• supports investigation of any incidents or issues that arise
• contributes to national NHS statistics.

Sharing your information

Sometimes we have to pass on information by law:
• to notify a birth
• when an infectious disease such as meningitis or measles may endanger the safety of others
• where a formal court order has been issued
• when sharing information with the police may prevent a serious crime, or prevent harm to you or other people.

We may have to share information about you with non-NHS staff (for example Social Services): we will only do this if it is necessary, and if we need your consent we will ask you for it. The main NHS organisations which may need your information are Clinical Commissioning Groups, Commissioning Support Units, other NHS trusts, GP practices and ambulance services. If we have to share information about you, we will remove your personal details where possible.

We may arrange for external companies to type dictated correspondence. This typing may be done overseas. Your name and address is not added until the typed correspondence has been returned to us, so it is not possible for anyone outside the Trust to identify you.

In addition, information may be used for approved research projects. In most instances the information will be made anonymous so that you cannot be identified. If this is not possible, we will ask your permission or request approval from the Health Research Authority’s Confidentiality Advisory Group. Should you not wish information about you to be used for research you may let us know in writing by contacting the Research and Development Team by email at ouhtma@nhs.net or in writing to:
Your information rights

- You have the right to know how we will use your personal information.
- You have the right to see your health record (your medical notes). This is known as Right of Subject Access.
- You have the right to object to us making use of your information.
- You can ask us to change or restrict the way we use your information and we have to agree if possible.
- You have the right to ask for your information to be changed, blocked or erased if it is incorrect.

If you would like to speak to us about your rights, or ask us any other questions about how we use your information, please contact the Information Governance Department on 01865 226 912 / 572 470 or by email at information.governance@ouh.nhs.uk or in writing to:

Information Governance
Oxford University Hospitals NHS Foundation Trust
Headley Way, Oxford OX3 9DU

Accessing your Health Record (a ‘Subject Access’ request)

While you are in hospital, you may ask to look at your health record folder. Your notes will be prepared for you and a qualified member of staff will talk you through the content. Your right to see some information may be limited – for example, if it includes details about other people.

To see your health record after you leave hospital, or if you want copies of your health record, please send a written request to:

Subject Access Manager
Data Quality Department, Level 3 West Wing
John Radcliffe Hospital, Oxford OX3 9DU
Email: subject.accessrequest@ouh.nhs.uk
If you have a specific requirement, need an interpreter, a document in Easy Read, another language, large print, Braille or audio version, please call 01865 221 473 or email PALS@ouh.nhs.uk

Albanian
Nëse keni nevojë për një përkhyses ose doni një dokument në një gjihë tjeterë, me shkonja të mëdhë, Braille (alphabet për të verbërët) ose kasetë me zë, j’u lutemi telefononi në 01865 221473 ose e-mail PALSJR@ouh.nhs.uk.

Arabic
إذا كنت بحاجة إلى ترجمة فورية أو إلى ترجمة إحدى مستنداتك إلى لغة أخرى، أو بالحواف الطباعية الكبيرة أو بطريقة برaille للمعاقين أو بالصوت، يرجى الاتصال بالرقم 22147301865 01 بالبريد الإلكتروني على العنوان: PALSJR@ouh.nhs.uk

Bengali
আপনার যদি কোন ইন্টারভিউরার প্রয়োজন হয় অথবা আপনি কোন ভাষার বড় অবস্থা, লেইলে অথবা অন্য আকারে কোন ডকুমেন্টের প্রয়োজন হয়, তাহলে আপনাকে কর্মস্থল 01865 221473 নম্বরে কোন কর্মস্থল অথবা এই PALSJR@ouh.nhs.uk ইমেইলে সোজায়াগ কর্মস্থল।

Mandarin
如果您需要安排口译，或需要某文件翻译成另一种语言，或以大字体、盲文或音频格式提供，请致电: 01865 221473，或发送电子邮件至: PALSJR@ouh.nhs.uk。

Pashtu
که ته یوه ترجمان ته ارتباتي یا په یوه بله زه، په غوښتنانونه، بریل (د ورنه لیک) یا سمعي بېه یو سند غواړي هیله چې PALSR@ouh.nhs.uk یې ایمه ولېری.

Polish
Jeśli potrzebne byłoby Państwu tłumaczenie ustne lub chcieliby Państwo otrzymać dokument w innym języku, w formacie dużym drukiem, w alfabetie Braille’a lub w postaci nagrania dźwiękowego prosimy zadzwonić pod numer telefonu 01865 221473 lub napisać na adres e-mail: PALSJR@ouh.nhs.uk.

Portuguese
Se precisar de um intérprete ou de um documento noutra língua, num formato ampliado, em Braille ou em áudio, deverá ligar para o 01865 221473 ou enviar um e-mail para PALSJR@ouh.nhs.uk.

Kurdish Sorani
نەگەڕ بیوزیست بە وەرگری زارەکی هەیە باخۆەی پەناوەکەواکەت بە زەمانیکەی تر پەن بە پێئی چایەوەنەی بەنەریە بریل (یو ناویبەسا) پەن لەسەر شریتی دەوەی دەوەیەکی پەنەیەکی بهەوە یەکە 201865 01865 221473 PALSJR@ouh.nhs.uk

Urdu
اکثر آہ کوئ چوں یا کونی دستاوری باجی کی دیگرچین، بزی پچ حروف کی پچھنی، بریل یا دیفرینٹ پردرکاربیوترویکے مہربانی نمبر 201865 01865 221473 PALSJR@ouh.nhs.uk
HERE FOR HEALTH

Our Here for Health Centre offers advice on healthy living and how to reduce your risk of ill health. Drop in to the Centre in Outpatients Blue Area, Level 2, main John Radcliffe Hospital, Monday to Friday 9.00am - 5.00pm or visit www.ouh.nhs.uk/hereforhealth